

Ra Sekhem Initiation is a 6 month journey which will be structured by 3 weeks on, 1 week off.

We will have *two classes* a week for Rekhi & the commitments of conscious leadership.

This curriculum is subject to change by the mysteries of Sekhmet.



Month 1: Remember Ra Sekhem

Rekhi Teachings:

Hear Sekhmet's story

Create an altar for this journey

Receive an opening prayer for requesting Sekhmet's presence

Learn her various names

Foundational blueprint for involving prayer & ritual in daily life

Conscious Leadership:

Differentiate between states of expansion vs constriction
Receive the foundational teachings for conscious leadership

Month 2: Return to Ma'at

Rekhi Teachings:

Meet Ma'at & the realm she governs

Begin working with the 7 virtues of Ma'at

Learn how to create harmony within the 4 bodies

Conscious Leadership:

Journey through the constricting archetypes:

Victim

Villain

Hero

Month 3: Initiation into Sekhmet's Lineage

Rekhi Teachings:

Receive the Ra Sekhem attunement

Learn about the lineage of Sekhmet

Begin working with the Kemetic Aritu

Journey through the 42 Laws of Ma'at

Conscious Leadership:

Learn how to take radical responsibility for your life

Discover who's business you're in

Claim self awareness & growth as your guiding light

Month 4 + 5: Activate the Healer Within

Rekhi Teachings:

Learn how to heal the self as we navigate one symbol/class
Meet the Kemetic hand positions & power mudras

Receive sacred hekus (words of power/chants)

Draw closer to your Spirit team through libation & prayer

Conscious Leadership:

Commit to feeling your emotions to completion

Commit to expressing your truth in love & personal power

Choose to live in integrity

Month 5 + 6: Deepen into your Healing Gifts

Rekhi Teachings:

Incorporate + integrate the 5 elements in your healing

Learn how to craft spiritual baths, utilize candles, anointing oils, crystals, words of power, & akashic journeying for your healing gifts.

Create your healing style & learn how to hold Rekhi sessions for others

Conscious Leadership:

Shift into living in appreciation & receiving the gifts of life

Commit to living in the flow of synchronicity & learn how to honor your life rhythms + shifts

Learn how to become the source of your approval & security in your life.

The second half of Ra Sekhem Initiation (*months 4-6*) will have several overlays. Each week we will build upon what we learn in the former week & by the end of our 6 months together, we will have a complete body of wisdom for Kemetic Alchemy + Healing.

Ready to join? Save your space [here](#).

